The Trey O'Hearts

Romantic Tale by Louis Joseph Vance. opyright, 1914, by Louis Joseph Vance,

By arrangement with the Universal Film anuiscturing Company, it is possible to ead. The Trey O' Hearts' in The Times dispates and also to see it in pictures as its Superior Theatre. Synopsis of process if chapters: The trey of hearts is the leath sign' used by Seneca Tring in a

CHAPTER XXL-CAPTURED. woman," Bareus put in harshly, dith," the girl mouned, a shook himself together, 1 Im-

"And that," Barcus pursued sadly, "just proves she did come up—blame the luck! Alive she is, and kicking stand clear. An able-bodied patr of lungs was back of that hall, my friend, and you needn't tell me I don't know

Without heeding him, Alan cupped hands to mouth and sent an answering cry ringing through the murk:

"Ahoy! Where are you? Where

Here-on the reef-half-drowned-

Going to Sleep BY LILLIAN RUSSELL.

The assertion of a physiologist that many people die for want of breath. The assertion of a physiologist that many people die for want of breath, when it is their own carelessness alone that prevents them from breathing," is no less true than startling. Our vitality is in propertion to our respiration. If we only half-breathe, we only half-live. To expand the chest, therefore, and increase our breathing capacity, where it is deficient, is of the utmost importance. Whether, as many have contended, the development of the chest be actually an absolute standard of the length of life or hot, it is clear enough that By expanding it life may be prolonged and health and beauty be promoted.

As special exercises for expanding the chest, the following are excellent, and if perseveringly made use of will prove infallible preventives of tubercu-

prove infallible preventives of tuberculosis.

First, stand erect with the heels together, throw the shoulders back and then breathe slowly, freely and deeply, filling the lungs to their utmost capacity at every inspiration. Do this several times a day, in the open air if possible, and if not, in a well ventilated room, continuing from one to five minutes at each time, or as long as you can without fatigue.

Second, stand in an erect position, as in the first case, set the hands fast on the hips, and in this half-bent position throw the arms forcibly back as far as possible, the trunk remaining immovable. The backward motion must take place at the same time as the inhaling of the breath. Repeat the movement a prescribed number of times, avoiding fatigue, as before.

Third, with the body still in the same position clasp the hands behind and

Household

Interests

then stretch them downward as far as possible, making this movement at the same time with the exhaling of the breath. Repeat as before.

By the last two movements the shoulders are strengthened and thrown back as well as the chest expanded. The last also draws the shoulders down, thereby promoting a fine carriage and remedying the wing-like standing out of the shoulder blades so often seen.

through from two to six inspirations.

Fifth, extend the arms forwrad as nearly as possible at righ angles with the body and then throw them backward a number of times with considerable force; afterward, form the same starting position, bring the arms downward and backward, bent at the elbow, and strike the elbows together, or try to do so. These motions expand the chest in the line of the collar bone, flatten the shoulder blades, and thus tend to sure the deformity of too round shoulders, as well as enlarge the breathing capacity. Women who have contracted the diameter of the chest by light lacing will find this exercise particularly serviceable.

Remember, no figure is so beautiful

Lillian Russell's Answers.

C. K.: I am delighted to know you re pleased with the skin food and hat it is doing you so much good. I m sorry, but I cannot give information about articles such as you mension. They are proprietary articles and cannot give information on them. Be areful what you use on your face. I have the skin of the face is tender and hany people have ruined their skins y using something they knew nothing bout. There is nothing that will reduce the nose, and it is not advisable o use the salts solution on the face.

A. T.: For a thin neck, massage with

Dr. Brady's Health Talks

That Searlet Fever Sheet.

It is extravagant and futile to use the antiseptic sheet as a barrier against infection. Care, thoughtfulness, exclusion of carriers and plenty of plain soap and water are the real barriers against the spread of disease.

Miss Annie W. Broaddus, of Bowling Green, is visiting relatives and friends in this city.

Miss Ria Thomas, who has been spending several weeks here, has returned to her home in Roanoke.

Questions and Answers.

H. J. G. asks: Can goitre, which affects the eyes and heart, be cured without operation after the patient has had it about two years?

Reply: Some cases may be cured without operation.

Greatives for some time.

Miss Edmonia Lancaster, of this city, without operation.

Miss Edmonia Lancaster, of this city, is visiting her aunt, Mrs. T. A. Watkins, at her home near Chatham.

C. L. R. writes: I am inclosing leaves from the Naturopath, which I have blue penciled where certain drugs are referred to. What is one to do when one's doctor dispenses such 'drugs?

Reply: The marked sentences refer to 'poisons'. The Naturopath article states: "Science tells us all poisons taken into our systems are irritating and inimical to life." Which is true in one sense. Yet nature feeds us with arsenic, iodine and many other poisons. Nature must be wrong. Will C. L. R. kindly see that nature corrects her evil ways?

Rins, at her nome hear Charlan.

Mr. and Mrs. William A. Price, of this city, are among the Richmond guests at Castle Hill, near Lexington.

Samuel Sonnenberg, who has been visiting his parents, Mr. and Mrs. L. Sonnenberg, or the past ten days, returned to Danville last Tuesday eventured in the proposal transport of the past ten days, returned to Danville last Tuesday eventured to Danville la

HOP AT COUNTRY CLUB

Weekly Dance This Evening Will Be Augmented by Informal

The gatchrings of society Fourth, take a full deep inspiration, standing erect, as in the previous movements; retain the art in the lungs as long as possible, and then let the breath go out steadily and slowly, at the same time beating the chest, abdonen and back with the hands gently in front, but more smartly on the back and sides. Keep up the movement through from two to six inspirations. verandas of the clubhouse will be decorated in quaint jars of garden flowers.

W. E. Garber has returned to his home in Richmond, after a visit to the family of Mrs. W. G. Shome, in Timber-

prominent society people in town the is spending some time as the guest of latter part of this week will make the relatives, in Fredericksburg.

Maryett Andrews, who has been in Miss Hoomberg in Berlin.

Mrs. H. H. Bloomberg, mother of Miss Florence Bloomberg, who is a teacher in the John Marshall High School, is in receipt of a telegram from Washington announcing the safety of ner formation.

Florence Bioomberg, who is a teachby tight lacing will find this exercise
by tight lacing will find this exercise
in the John Marshall High School,
is in receipt of a telegram from Washlargon announcing the safety of ner
daughter in Berlin, Germany, the information having come through the
embissisy in Germany. Miss Bloomberg
hops shortly to be able to obtain
transportation from Germany to this
guest of her daughter, Mrs. W. H.

Washington.

Mrs. Bettle Reames, of Forkland, is
spending several weeks here as the
transportation from Germany to this
transportation from Germany to t Ball at the White.

The Baltimore Sun contains the following of interest to the younger society set in Richmond:

The Baltimore Sun contains the following of interest to the younger society, after an extended stay we family a stay of the second stay of the seco

"The annual fancy dress ball for the spending some time at Riverside, in juvenile members of society was given Wednesday evening at the New Greenbrier Hotel, White Sulphur Springs.
W. Va. The affair was given under the direction of Professor C. Victor Zeblev of Washington.

Miss Esther Beck, of Richmond, is spending some time at Riverside, in Spotsylvania County. Mr. and Mrs. W. C. Boyd and their son, William, motored from Richmond to Bowling Green and are guests of T. D. Cogbill, at that place.

Zebley, of Washington.

"Miss Helen Preston, the young daughter of Mayor and Mrs James H. Preston, made the "hit" of the evening week.

"Mess Holen Preston and Mrs James H. Ger, in Houston, for several days this week." daughter of Mayor and Mrs. James H.

Preston, made the "hit" of the evening dancing the maxixe with John Taylor, of Richmond. Her costume was that of a French doll, while lyer partner represented a young Scotchman. Others in costumes were Miss Mary B. Preston, as a Spanish girl: Miss Ethel Hood.

Mrs. C. I am sorry, but I cannot tell you what powder to use Each person skin is different and what one can use another cannot. You will have to decide what powder is best for you.

I cannot give formulas for face powder. They are difficult to make, as it is impossible to get them as fine as those they should be, when they are made at the simple succession. They are difficult to make, as it is mossible to get them as fine as they should be, when they are made at the maxixe with John Taylor, of the evening dancing the maxixe with John Taylor, of the costume was that of a French doll, while lyer partner represents Mass Ethel Hood. Others in costumes were Miss Mary B. Preston, as Peter Pan, and Mifflin Hood, who appeared as Hans."

Master Taylor is the son of Mr. and Mrs. John M. Taylor, of Park Avenue, and his dancing at the White for several days this week.

Dan Dickerson has returned to his home likely present a visit to Elichmond. Her costume was that of a French doll, while lyer partner represented a young Scotchman. Others in costumes were Miss Mary B. Preston, as Peter Avenue, and Miss Ethel Hood.

Mrs. C. I am sorry, but I cannot tell you will have to decide what powder to use Each person in the dancing at the White for several days this dencing the maxixe with John Taylor, of the centum of the maxixe with John Taylor.

Miss Ethel Hood.

Mrs. C. I am sorry, but I cannot tell you will have to deter the maxime was a Spanish girl: Miss Ethel Hood.

Mrs. C. I am sorry, but I cannot tell you will have the person as Spanish girl: Miss Ethel Hood.

Mrs. C. I am sorry, but I cannot tell you will have the person as Spanish girl: Miss Ethel Hood.

Mrs. C. I am sorry, but I cannot tell you will have the person as a Spanish g

the chaperones at the affair.

Visiting Here.

Misses Anna and Lucy Hutchinson, of Essex County, who have been guests at Rosemont, Spotsylvania County, are now visiting friends in Richmond.

Miss Lottle Gayle entertained the younger set at her home Saturday evening, from 8 to 12 o'clock, in honor of the Misses Hutchinson.

duties at the Johns Hopkins Hospital,

Mr. Potter's Heclini.

At the morning service in St James Church to-morrow, Ben J. Potter, asso-

Eau selections by special request.
Engagement Announced.
Mr. and Mrs. Frank L. Young, of Lexar side of the earth.

It could not have been more than a plantic after the socident before Barbus was guiding the boat over what, one of listance he could have sworn as the procles spot where Alan had isappeared, but without discovering sign of him.

And for the next twenty minutes he yided his aftention between attempts.

Scarlet fever patient.

Of course, we assume that scarlet fever had sease, though not body has ever disease, though not body has ever disease, though not be body has ever disease, though not here fever is a germ disease, though not here fever is a germ disease, though not have been more than a germ disease, though not here fever is a germ disease, though not have been more than a germ disease, though not have been more than a germ disease, though not have been more than a germ disease, though not have been more than a germ disease, though not here fever is a germ disease, though not have been more than a germ disease, though not here fever is a germ disease,

a sign of him

And for the next twenty minutes he
divided his attention between attempts
to soothe and reassure this half-distracted girl and efforts to reduce a
reply from Alan by stentorian halling
—with as little success in the one as
in the other.

And he might have continued indefinitely or until the fog lifted, his
billed and almiess gropings over the
surface of that shoulded sea, had he
not in the course of that shoulded sea, had he
not in the course of that should sea, had he
so close upon the object of his search
that he was warned off in a manner
sufficiently startling and arresting, hy
nothing more or less, in fact, than a
grunshot.

Without the least warning it flamed
and blowed at them through the fog
and the water to starboard of the life
hoat was peppered with a sudden pelting rain of buckshot Immediately
thereafter a man's rough voice warned
then greenptorily;

(Sheer off, dann you! Sheer off and
keep your distance! If you come with
a mother vard, I'll blow your heads
of your shoulders."

[Continued To-motrow]

(Sheer off, dann to woul sheet off and
keep your distance! If you come with
it another vard, I'll blow your heads
of your shoulders."

(Continued To-motrow)

(Sheer off, dann woul sheet off and
keep your distance! If you come with
it another vard, I'll blow your heads
of your shoulders."

(Continued To-motrow)

(Continued To-mot

spending several weeks here, has re-

Mrs. Grayson Hall has gone to North Carolina, where she is spending some time with friends at Waynesville.

Miss Roberta Page Newton and William Newton, Jr. of Norfolk, are guests of Mr. and Mrs. W. G. Stanard and Dr. McGuire Newton, at 1010 Floyd Avenue. Miss Susie P. Morris has returned to the city and has recently moved to 1134 1-2 West Avenue.

Mr. and Mrs. Robert Schaefer have left for a week's stay at the Hotel Chal-fonte, Atlantic City, and will also stop in New York for a few days before returning to Richmond.

Gran Craddock, of Houston, is spending several days with friends in this

Mrs. R. L. Harris, of Richmond, is

Personal Notes

F. L. W. Green, who has been in this city for a brief visit, has returned to Fredericksburg.

CRAIG AND CLARK WILL MAKE SPEECHES ON LAROR DAY Mrs. Frank Moore.

now improving.

Club are gradually increasing each city, after a short stay with relatives week, and the usual weekly hop at the in Caroline County. Miss Bessie Lindsey, of this city, is

Miss Genevieve Stearnes, of this

Marvett Andrews, who has been

Miss Ethel Young has returne

On Motor Trip.

Mr. and Mrs. E. Hawes Lipscomb will leave to-day on a motor trip through Culpepper, Rappahannock and adjoining counties. They will also visit luray Caverns and other points of interest in that section of the State.

In Richmend.

Dr. William H. Smith has returned from a short trip bringing with him his family, who have been spending the summer in the mountains of Virter and Mrs. Hall left for a Western trip. Western trip.

Invitations Issued.

Invitations Issued.
[Special to The Times-Dispatch.]
FREDERICKSBURG, VA., August 28
—Mrs. Lou Fauntleroy Montgomery, of
Warsaw, Va., has issued invitations for
the marriage of her daughter, Miss
Nettie Moore Montgomery, to Robert
Harding Deaderick. The wedding will
be solemnized at St. John's Episcopal
Church, Warsaw, at high noon, Wednesday, September 9. The prospective
bride is a sister of Mrs. A. B. Chandler,
Jr., of this city.

DISAPPEARS FROM HOME.

Search Instituted for Whereabouts of Sixteen-Year-Old Girl.

(Special to The Times-Dispatch CHARLOTTESVILLE, VA. A 28.—Miss Myrtle Cuttermuth, aged six-25.—Miss Myrtle Guttermuth, aged six-teen, adopted daughter of Mr. and Mrs. W. H. Guttermuth, disappeared very mysteriously late yesterday afternoon. She left her home on Seventh Street shortly before 6 o'clock to make some purchases, since which time all traces of her whereabouts have been lost. As she failed to return for the evening meal, a search was at once instituted

J.B. Mosby & Co.

Specials to-day in Women's Ready-to-Wear Garments.

H "Flowers of Guaranteed Freshness" Hammond Tel. Mad. 630 109 E. Broad St.

THE REPORT OF THE PROPERTY OF HAVE YOU SEEN THE Miss Annie W. Broaddus, of Bowling New Method Gas Ranges PETTIT & CO.'S?

THE REINACH CO., Inc.

107 E. BROAD STREET. MILLINERY-Women's and Misses' Outer Apparel

Seven Yards, Covering seven Acres. Richmond Lumber Yards

LUMBER AND MILLWORK.

Gift Department

Wedding and Birthday Gifts in great numbers always on

Sydnor & Hundley Incorporated

was sixteen months old. She has light halr, blue eyes and is of medium build. She is of a retiring disposition, and was never known to go about alone after dark. She had not been paid regular attention by any young men. Mr. and Mrs. Guttermuth are both vety much distressed at their daughter's disappearance. The local police are making an active search for the an active search for the

The State Board of Education will meet in the Capitol next Tuesday. This is a special called meeting for the purpose of electing three district school superintendents. Superintendents are to be chosen for Newport News, Frankin and Petersburg.



Saturday Specials for Men

Men's \$1.50 and \$2.00 Madra shirts, with the soft turnshirts, with the cover French cuffs; special 95c

Men's \$1.50 Percale and Madras Shirts, with stiff cuffs, shown in the very best pattern; special price

\$1.00 Percale Shirts, about 15 \$1.00 Percale Salita, dozen, in elegant patterns; 79c sale price

Richmond is Mobilizing to Make War on High Prices---

UNION

Is Leader in the Fight! Phones, Randolph 3681,

3682. Groceries: Randolph 3683, Meats. We will be glad to wel-

come you at the corner of

Seventh and Franklin. Dunlop Flour, per bag, 35c, per bbl. \$5.50 INION STORES Special Flour, per bag. 35c, per bbl. \$5.50

Large Juicy Lemons, per dozen16c Nice Sweet Oranges, per dozen15c New Irish Potatoes, per

Good Rice, per lb..... 5c Lennox Soap, 7 for 25c Swift's Pride Soap, 7

Lump Starch, per 1b., 1e; 7 for25e English Breakfast Tea. per lb. 36c Gunpowder Tea, per lb. 28c

Iced Tea Blend, per lb. 35c Good Coffee, per lb... 17c Post Toasties, 9c, 3 for 25e Canned Asparagus, 2

Preserving Tomatoes, per peck 30c Van Camps Milk, tall Good Eggs, per doz....27c

Stew Beef, per lb..... 10c Smoked California Hams, per lb.....16c Shield Brand Smoked

Hams, per lb.....21c Legs of Lamb, per lb...17c Lamb Chops, per 1b...22c Lamb Stew, per lb. . 1216c Good Pure Hamberger

(no cereals), per lb. .14c Corned Beef, per lb. . 1236c

THE KAUFMANN STORE

WarPrices

M AY eventually affect every sort of apparel. That we shall defer any such action until the last possible moment goes without saying. But as straws show how the wind blows-wouldn't it be well to buy such things as Gloves now - while they are low in price?



"Elite" One-Clasp Washable Doeskin Glove, in one-clasp medium weight, with P. K. fingers and Paris point stitched back; white only, \$1.00.

'Ireland's" Washable Doeskin Gloves as described above, slightly soiled; white and natural; reduced

"Ronsard's" 16-button P. K. Washable Doeskin Glove, full cut arms and Paris point stitched backs: also two pearl clasps. \$2.38 values. \$1.98.

A stylish eight button slip-on Doeskin Glove, with out-seam fingers and three-row point stitched back; white only, \$1.19.



Children's School ALBERT STEIN

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Baker Bros. MARKET 8-West Broad Street-8

Best Regular Hams . . . Best Picuic Hams

Frankfurt Sausage 14c Garlie Sausage Best Creamery Butter. 35c

Baker Bros.

Manufacturers Exhibit

Main & Sixth Sts-3 Floors. A Permanent Display of Richmond-Made Goods Free Admission, Nothing Sold. Open Daily, 9 A. M. to 7 P. M.

Specials at S. ULLMAN'S SON 1820-1822 East Main Street, and
508 East Mar-hall Street.
Good Salt Pork, pound.
Good Lard, per pound.
New Damsons, basket.

Snowflake Flour, bbl. \$5; bag.... New Onlons, quart.... Dolly Varden Flour, bag.....

Shades-to-Order WANNEY WILLIAM STATE OF THE STA

BOYS AND GIRLS ARE ALWAYS

Give them a plenty of the good things that come from the Brommi bake shop. Wholesome, nutritious bread and delicious

pies and cakes that

leave no after effects of indigestion. Order your Sunday

dessert to-day. L. BROMM Baking Co.

516 East Marshall Street.



Prompt Answers

It is the duty of the telephone operator to ascertain the number wanted, and ring the bell of the party called. If the called party is slow to answer, the operator is helpless as you are.

Most of what you might sometimes think is "slow service" is caused by subscribers not answering promptly. You can help the service by prompt

When you Telephone-Smile



THE CHESAPEAKE AND POTOMAC TELEPHONE COMPANY

OF VIRGINIA